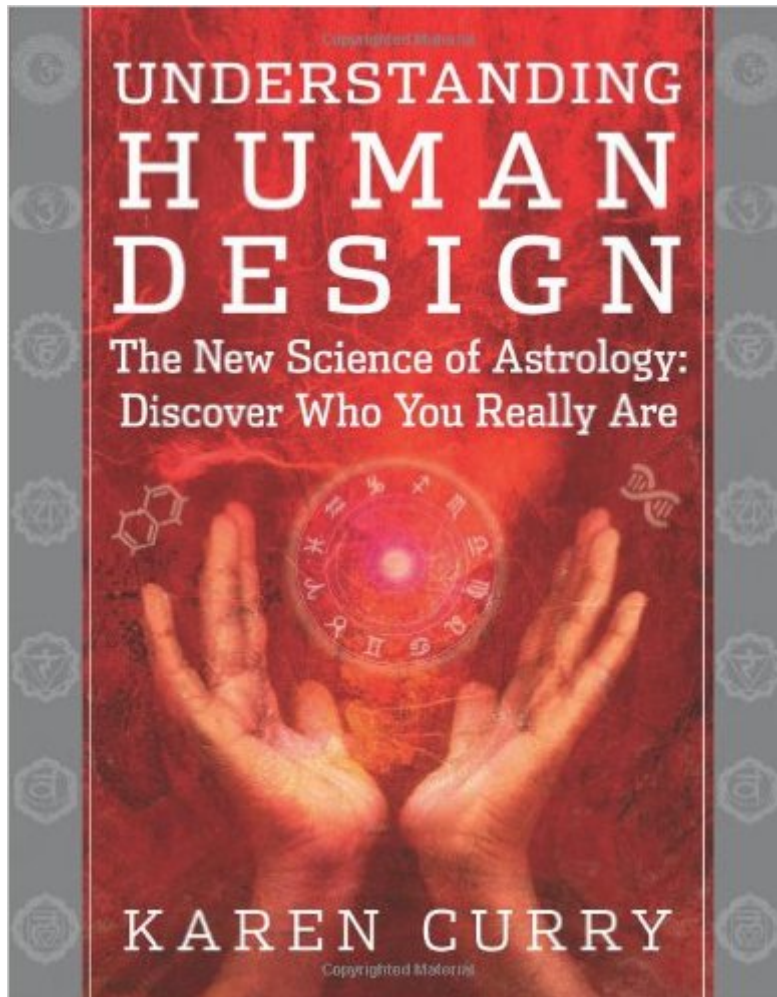


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# Understanding Human Design: The New Science Of Astrology: Discover Who You Really Are



## Synopsis

The Owner's Manual for Your Life! Founded in the twentieth century by the late spiritual teacher Ra Uru Hu, Human Design is often called the "new Astrology," and the "intersection of science and spirituality." Your Human Design chart is formulated by taking your birth date, time, and location and extrapolating specific personality traits and life paths from this convergence. A Human Design chart offers an astonishingly accurate guide to your personality, as well as direction and counsel on how each individual can deal with challenges in their life. Previously, Human Design charts have been notoriously difficult to interpret and decipher, usually taking a dedicated expert to read and translate them into plain English. At least, that used to be the case--until now. In *Understanding Human Design: The Science of Discovering Who You Really Are*, author Karen Curry walks you through the sometimes complex and intimidating Human Design chart with simple, direct language. You will learn about each level of Human Design, from the most basic elements of the chart to the deeper, more nuanced insights Human Design offers, all in an approachable and interesting way. Understand how every line, intersection, and symbol correlates to a personality trait that can directly affect your life with an experienced guide by your side. Your personal Human Design Chart can reveal your strengths, your weaknesses, and perhaps most importantly, your potential. Prepare for repetitive difficulties that you might encounter throughout your life, and embrace the opportunity to grow as you understand your personal Human Design strategy. With author Karen Curry's assistance and knowledge, you have a path to overcome these difficulties simply by following the directions set out in your Human Design chart, the "owner's manual" to your life.

## Book Information

Paperback: 376 pages

Publisher: Hierophant Publishing (October 1, 2013)

Language: English

ISBN-10: 1938289102

ISBN-13: 978-1938289101

Product Dimensions: 7 x 0.8 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (109 customer reviews)

Best Sellers Rank: #114,922 in Books (See Top 100 in Books) #106 in [Books > Religion & Spirituality > New Age & Spirituality > Astrology](#)

## Customer Reviews

Karen Curry has managed to take a complicated topic, Human Design, and break it down into understandable pieces. Most importantly, she has blessed us with a tool that paves a path for loving ourselves more deeply. I have studied Human Design for about 8 years now and it never ceases to amaze and delight me. The insight into how I engage in the world is key, but what's also huge is insight into those around me as well. My relationships are healthier, my parenting is stronger, my business is vibrant and I am a very happy woman in large part because Human Design has validated who I really am. What I love most about this book is Karen's approach to teaching. It is steeped in love and genuine compassion for a better world. She's included coaching tools such as affirmations, writing assignments and things to consider about different aspects of design. Whether you are an old pro or a newbie (especially if you are a newbie!) don't be shy! This is a great place to start a whole new journey of love for yourself...and what could be better than that?! Blessings, Rev. Elvia Nina Roe Founder, AngelsTeach.com P.S. As a little Human Design "wink", I've learned my lead energy is to appropriately share opinions and correcting action - I'm here to correct the course and illuminate choices that bring joy to life. I say this because when I give a 5-star rating, it's because I really REALLY mean it! ;)

The book Understanding Human Design by Karen Curry is awesome and I can't put it down, it is so juicy with great, informative information. I have read some of the other Human Design books, but this one is my favorite because it is so easy to understand and yet so full of detailed information. It really helps you understand and work with your type. For example, I am a Generator and am to wait to respond and run by my sacral. Have your chart handy when using this book. This book is great read for new students of human design or experienced students of Human Design! Get the book, you will be glad you did! Many thanks to Karen Curry for writing such a great book!

I find this to be the best book out on HD. The other books are good and full of information, however Karen writes in a way that is so easy to understand. Absolutely love this book. Recommend it to beginners and those advanced in HD.

According to the book, about 70% of our personality can be explained by understanding the incarnation cross, yet it is the one part of the book that isn't covered (the authors said there wasn't space). I don't understand the logic of excluding this most significant element of human design, yet going into the knitty-gritty details of the many less significant aspects. Shouldn't it be the other way around? I assume this is done to peak curiosity so ppl will end up needing a coach to interpret the

chart. I'm bummed....I feel like I missed the punch line of a joke and am left unsatisfied.

Through Karen's enormous heart and love of and for humanity, she has brought forth easily understandable information you can immediately put into practice. As you explore through the lens of Human Design, you will experience greater love and acceptance of both self as well as others. Seeing your life within a different context and with greater understanding, judgment, guilt and shame will fall away. At the same time you will experience living an empowered life without resistance and in alignment with the miraculous gift you are which in turn will blesses us all.

There are other books on Human Design easier to use because their format is easier to follow, but when reading the gates and channel information there is a marked dissimilarity. I think this book stays truer to the official International Human Design. Learning Human Design is not for the lazy person wanting an easy and quick understanding of what it actually says about how we humans are designed. As soon as I think I have understood, I am surprised to find another layer that enhances what I have just learned. It is like the doors to comprehension open up and the next deeper level of the design is presented. No one is doing it, there is no mystery, it is your own conscious awareness expanding.

Great book on Human Design. It's very clear - much clearer than other recent books I've read - and it makes it fun to read about your chart. The added bonus of affirmations and writing exercises at the end of each channel description is a great way to better understand who you are and how you flow on purpose, as opposed to living a purpose, through life.

This book introduces a whole new avenue of study for me. I have always done astrology but knew there had to be more to it. I don't totally understand it yet but I will keep investigating it. There is truth there, at least my truth. Timing has always been a problem for me and I can see where it complements astrology and some other disciplines.

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